

WEEKLY MEAL PLAN

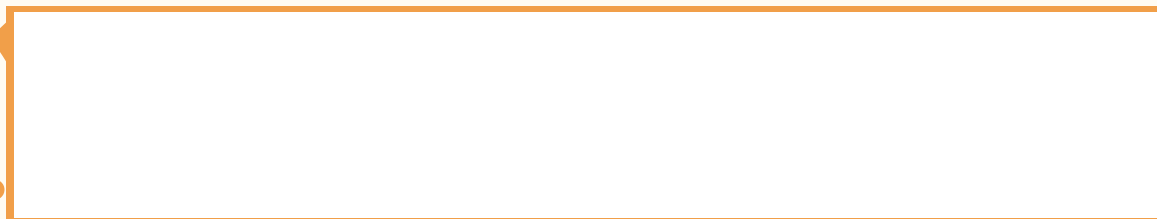
MON



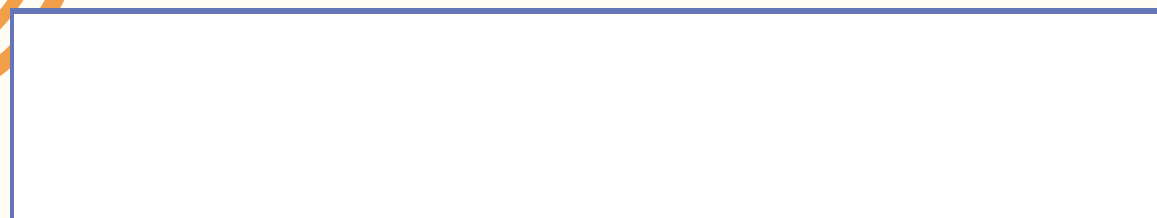
TUES




WED



THURS



FRI



SAT



SUN

